

Health and Men

Natural Cures Application For iPod Touch And iPhone

by **Scott** on March 4th, 2009



I hate **iPhones**. Why? Same reason I hate **Macs**; because I don't have one. One of the great things about the **iPod Touch** and **iPhone** is all the applications that you can download to them. Not just applications, but **FREE** applications.

One of the newest and truly useful applications launching is a “**Natural Cures**” application that you can download. The “**Natural Cures**” app is exactly what it says. It's an application that shows you **Natural Cures** for various common ailments.

“**Natural Cures**” in a Nutshell:

- Comprehensive advice on top health issues, natural and conventional remedies, many of which are available at leading health food stores and online.
- Health conditions listed in convenient A-Z format.
- Easy-to-understand nutrition guidance with detailed dosage recommendations.
- Weekly health news and blog access focused on comprehensive medicine.
- Access to additional resources, including free software to evaluate symptoms, and referrals to trained integrative physicians.
- iPhone Category: Healthcare & Fitness
- Developer: Plum Amazing; Version: 2.0; Size:0.7 MB
- Average User Rating: 4.4/5

In its initial test version, “Natural Cures” has already placed in the top ten of the “Top Free Apps” list for the “Healthcare & Fitness” category of the iPhone-with around 1600 downloads per day, and growing.

Natural Cures was developed by **Jacob Teitelbaum**, MD, and his wife **Laurie Teitelbaum**. Jacob is a best selling internist and researcher while his wife, Laurie, is a nutritionist. They developed this application to show people how to combine prescription and natural therapies to improve health. Rising health care costs have people looking for other routes than having to pay co-pays and out of network costs for simple visits to the doctors office. Of course if you have a chronic condition, it may be best to visit a doctor. For things that aren't so serious all you may have to do is reach in to your pocket or handbag.

To find the Natural Cures App, simply search “Natural Cures” in **iTunes**. Two apps will come up. One will be for \$0.99 and one for free. The free one is the Natural Cures App I speak of here.

Image: Screen Shot of iTunes Application Natural Cures

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